



APPROVED 1-13-04
KING COUNTY MENTAL HEALTH ADVISORY BOARD

REGULAR MEETING

WEDNESDAY, NOVEMBER 12, 2003

EXCHANGE BUILDING, CONFERENCE ROOM 6A

Members Present: Helen Nilon, Eleanor Owen, Ron Sterling

Members Absent: Shauna Cheney (excused), Jack Fuller (excused), Howard Miller (excused), Freda Monroe (unexcused), Clifford Thurston (on leave of absence), Jim Nobles (excused), Gwendolyn Williams (excused)

Guests Present: Trish Blanchard (SMH), Michael Brod (Union Gospel Mission), Linda Brown (KCASAAB, Michael Haan (board applicant), Pam Pratt (board applicant)

Staff Present: Rhoda Naguit, Jean Robertson

I. WELCOME & INTRODUCTION

Due to Board Chair Howard Miller's absence caused by unexpected heart surgery today at Virginia Mason Hospital, Vice Chair Ron Sterling convened the meeting at 4:35 p.m. and asked everyone to introduce him/herself.

II. MINUTES

The minutes from the October 14, 2003 meeting were not approved due to lack of a quorum.

III. CHAIRMAN'S REPORT

A. Vote on Michael Haan and Melody Cecilia James Board Membership Appointment

Ron stated that due to lack of a quorum at the Executive Session this afternoon, no actions were taken on the membership appointment of Michael Haan and Melody Cecilia James and the removal of a delinquent board member.

Of the 11 members appointed to the board, only six are active currently. Mindy Meyring has informed the Board Chair about her intention to resign due to professional reason and workload. Shauna Cheney has also given the board a heads up about her appointment as supervisor of the Crisis Line, which could be a case of conflict of interest. Debra Roszkowski also resigned from the board two months ago due to her work schedule. Freda Monroe has not been heard from since July 2003. Jack Fuller has missed several board meetings. Clifford Thurston

is on a six-month leave of absence, which started September 2003. In order to carry forward board business, the board must have a quorum of at least 50% of board members in good standing.

B. Legislative Forum

The Legislative Forum will be held on Tuesday, November 18, 2003 at the Kirkland Performance Center located at 350 Kirkland Avenue in Kirkland. Board members are encouraged to arrive at 7:00 p.m. to meet the legislators and interact with them before the program. The forum will start at 7:30 pm and will end at 9:00pm.

The Division staff and the board members of the King County Alcoholism and Substance Abuse Administrative Board and the King County Mental Health Advisory Board have contacted their respective legislators to invite them to attend the forum.

Two petitions will be passed around at the Forum regarding mental health and chemical dependency issues.

Ron will deliver the closing remarks at the Forum in place of Howard.

C. Board Nominee Recruitment Process

The Nominations Committee will meet to discuss recruitment issues as soon as Howard is able to attend meetings again. The board needs to be proactive in recruiting new board members to fill vacancies. Newspaper ads will also be utilized. Helen suggested putting out copies of the board application at the forthcoming Legislative Forum. Linda Brown, KCASAAB Chair, noted that the King County Alcoholism and Substance Abuse Administrative Board membership is currently filled.

D. Board of Health Presentation

Jean Robertson and Howard gave an excellent presentation of the role of the MHAB and the publicly funded mental health system before the Board of Health on October 17, 2003. Councilmember Carolyn Edmonds, in particular, was interested in mental health issues and how to work collaboratively with the board. After the presentation, a question and answer period took place.

Helen, who saw a video of the Board of Health meeting, commended Howard and Jean for doing an excellent presentation.

The board will consider following up by assigning a board member liaison to the Board of Health.

IV. COMMITTEE REPORTS

A. Legislative Advocacy & Public Affairs Committee

The most recent committee meeting focused on the detailed plan for the forthcoming Legislative Forum.

Board members are encouraged to continue to contact their respective legislators to attend the event on Tuesday, November 18, 2003.

B. Nominations Update

Rhoda reported that Joshua Freed's board appointment has been forwarded to the King County Executive for review/approval. It will then be forwarded to the King County Council for confirmation.

C. Quality Council

The recent Quality Council meeting focused on Quality Council bylaws, application procedures and coordination with NAMI affiliates on forum schedule and forum structure. The QC is also reviewing the definition of "recovery" in the recovery ordinance.

V. STAFF REPORT – Jean Robertson

A. Federal Funding

Effective this year, the federal funding match has been adjusted to 48% for state and 52% for federal. This means that the state will have to match a lower percentage. This funding arrangement is retroactive. This percentage is based on the economy of each state. There will be no net change for King County.

B. Consumer Project Award

The successful bidders for the Consumer pilot projects have been notified (Asian Counseling & Referral Service, Community Psychiatric Clinic, Downtown Emergency Service Center, Consejo Counseling & Referral Services, Transitional Resources, NAMI-Eastside, and Seattle Mental Health).

C. CMS Update

CMS has not approved the request for a waiver submitted by the Washington State Mental Health Division (MHD) based on several issues and concerns. This may cause compliance difficulties. CMS requested additional information from the MHD. The MHD has 30 days to complete their corrective action plan, and 90 days to be in

compliance. RSNs and providers will be impacted by the delay of this process. Jean stated that King County will need to take a pro-active role in the implementation of the Balanced Budget Act. King County RSN will be working with Pierce County RSN in building its policies and procedures in accordance with the BBA expectations.

D. Policies and Procedures

The Division released Policies and Procedures to providers last month for their review and comments. To date, Jean has not received any comments. P & P will be published next month and will be implemented in January 2004.

E. Other MHCADSD Involvement

Jean recently attended the Tribal Mental Health Summit.

Jean will also be attending a SAMSHA All Hazards Western Regional Training on November 18-20, 2003.

The Seattle-King County Department of Public Health is sponsoring a conference focused on isolation and quarantine. Guests from Toronto will be in attendance to share their experiences in dealing with SARS.

VI. SEATTLE MENTAL HEALTH PRESENTATION

Trish Blanchard, SMH Clinical Director, attended to address an issue brought up by Helen Nilon at the October 14, 2003 board meeting regarding the number of clients currently being served by SMH on the eastside. Trish gave out handouts showing the number of clients served in the eastside to date and other services provided by SMH. Jean also handed out data on eastside clients served from 1998-2002. Trish noted an increase in client medicaid eligibility and services. The level of severity in eastside clients is a little lower than in the rest of the county.

Trish briefly explained how the agency handles client assessment, including eligibility. SMH has expanded their services to their clients. Trish also talked about the new facility on the eastside which provides services to the elderly. A question was asked as to how a client chooses a provider. Trish responded that it depends on where the client lives and their preference of provider.

A question was asked on whether the agency has sliding fee services available. Trish responded to the affirmative. Through a United Way donation, the agency is able to accommodate a request for sliding fee services.

VII. LIAISON REPORTS

- **Howard Miller: Downtown Emergency Service Center**

Not present to give a report.

- **Eleanor Owen: Partnership Group**

Eleanor was unable to attend the Partnership meeting due to a conflict in schedule. Helen Nilon volunteered to do the reporting of Partnership meeting starting next month.

- **Helen Nilon: Seattle Mental Health**

No additional report at this time.

- **Gwendolyn Williams: Therapeutic Health Services**

Not present to give a report.

VIII. BOARD AND COMMUNITY CONCERNS/NEW BUSINESS

There being no further business, the meeting was adjourned at 6:33 p.m.

Prepared by:

Rhoda A. Naguit
Recording Secretary

Attested by:



Howard Miller
Board Chair